



## CONVERSATION STARTERS

### Check-in Questions:

1. What's your personal weather status?
2. If this week was a hill, where on that hill would you be?
3. What is one new and interesting thing you've been thinking about lately?
4. Given our conversations so far, what do you feel best about?
5. Share a one or two word intention you hold for today's conversation.
6. Where is your attention today? (i.e. 85% in this meeting, 15% with dinner)
7. What's one thing that brings you energy and joy?
8. How are you arriving today?

### Here are some touchstone questions if you are looking for inspiration:

1. Further explain the three adjectives you used to describe your craft.
2. How do you identify your strengths?
3. How would you identify your (internal or external) challenges?
4. Would you like to establish goals for this program?
5. Why did you sign up for Bridging the Collective?
6. How would you describe your communication style?
7. How do you best receive feedback?
8. What was your introduction to the arts?
9. How are you navigating the current climate?
10. What does self-care look like for you?
11. What does self-preservation mean to you?
12. Why are you excited to connect with each other?
13. Where do you live? Why did you choose your geographic location?
14. What inspires you?

### Closing Questions:

1. Did we schedule our next meeting? (\*the next three meetings are 1-hour sessions)\*
2. Have we established our preferred method(s) of communication?
3. What are we looking forward to?